



# DISCIPLES OF CHRIST

## Aim

To explore what it means to be a disciple of Christ.

## Background

### Information for Catechist

Mystagogy is a time to deepen a neophytes understanding of God's word, the sacraments and what this means in their lives.

## Preparation for the Catechist

Spend time in prayer for the child. Consider your experiences of living your Christian faith. Be willing to share these with the child.

## 2 DISCIPLES OF CHRIST



# Exploring

During your Baptism, you became a member of the Christian community.

During your Confirmation, you were sealed with the gifts of the Holy Spirit

At Eucharist, you are fed at the table of the Lord.

Each time we attend Mass, we are sent forth to live the Eucharist. We are sent out on a mission to serve and help others as Jesus did, to be his disciple.

## Scripture



From the Gospel of John.

***Glory to you, O Lord***



John 13:4-15

*Jesus Washes the Disciples' Feet*

So during the meal Jesus got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me." Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you." For he knew who was to betray him; for this reason he said, "Not all of you are clean."

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, "Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you.



The Gospel of the Lord

***Praise to you Lord Jesus Christ***

## 2 DISCIPLES OF CHRIST

Following a couple of minutes of silence to reflect on the scripture, invite the children to share a word or two from the passage that was particularly meaningful for them.

What is one important message for you in this scripture passage?

How can you respond to this scripture passage?

### Exploring

#### Washing of the Feet

During Jesus' time, the roads were very dirty and it was customary for people to wash their feet when entering a home. If the household was wealthy, there was a servant who did this job.

In John's gospel, we hear the story of Jesus washing the disciples' feet. Through the action of washing feet, Jesus was behaving like a servant to his disciples.

Jesus sets us an example; we are called to serve one another just as he did.

What does it mean to be a disciple today?

Our mission is to the other people we come in to contact with everyday. We are called to make a difference in our school, in our families, in our parishes and communities.

We cannot change the whole world but we can change our own actions towards others.

Can you think of anyone who has made a difference in the world?

Who has made a difference in your school, family, parish or community?

Have you seen someone disadvantaged?

What action could you take in the future to serve them?

### Activity

Print the [Activity Sheet: Healing the World](#) which has a map of the world and several Band-Aids for writing on.

This can be downloaded from the [crossroadsrcia](http://www.crossroadsrcia.org) website:  
[www.crossroadsRCIA.org](http://www.crossroadsRCIA.org) (copy on page 11).

Cut out the Band-Aids and have the children write on them any situations that need healing. These can be situations in the world, in their school, in their community or in their families. Stick the Band-Aids on the Map of the world.

What can you do at School?

- For example, be willing to reach out in kindness to others or help coach a soccer team.

What can you do at home?

- For example, help around the house without being asked.

What can you do in your parish?

- For example, become a helper in Children's Liturgy or a reader at Mass.

What can you do in your community?

- For example, support people in need through initiatives like Project Compassion.

You are a disciple, following in the footsteps of Jesus.



### Prayer

Let us pray together the prayer from [St Teresa of Avila](#).

“ Christ has no body now but yours.  
No hands, no feet on earth but yours.  
Yours are the eyes through which he looks compassion on this world.  
Yours are the feet with which he walks to do good.  
Yours are the hands through which he blesses all the world.  
Yours are the hands, yours are the feet, yours are the eyes, you are his body.  
Christ has no body now on earth but yours.

# Disciples of Christ

## Activity Sheet: Healing the World



↓ Cut out the Band-Aids.

