

SACRAMENTS OF INITIATION PART 2

Aim

To develop the child's understanding of the Sacrament of Eucharist.

Resources

Leaders

- Catholic Youth Bible
- Prayer cloth, cross, candle
- Electronic device – laptop/tablet for YouTube links
- At Home with God's People

Child

- Catholic Youth Bible
- Activity Book (page 19-20)

Materials for this session

- Download **Activity Sheet: Sacraments of Initiation Puzzle** from www.crossroadsrcia.org (copy on page 34)

Preparation

for Catechist

Spend some time in prayer for the child.

How do you reflect on the scripture?

Think of your own stories and be ready to share these.

Background

for Catechist

The Sacrament that completes initiation into the Catholic Church is the Sacrament of Eucharist. We gather around the table of the Lord, the altar, to celebrate Mass.

As Catholics we believe that Jesus is truly present in the Eucharist so when we receive Communion, we are receiving Jesus. It is a spiritual food that through the Holy Spirit becomes the Body and Blood of Christ. We are nourished so that we may become like Jesus and live a Christian life.



Reflection

As we gather, we light a candle to remember that Jesus is the light of the world. Sit quietly and listen to the words of the song *Open the Eyes of My Heart*.

Open the Eyes of My Heart

<https://youtu.be/wutmEjdbedE>

Video **Link 5.1**



After listening to the words of the song, *Open the Eyes of My Heart*, share how you have encountered God this week.



Follow up from last session

Last session we looked at the Sacraments of Baptism and Confirmation.

Do you have any questions from the last session or from the Activity Book?



Exploring

In the Gospels of Matthew, Mark and Luke and in Paul's first letter to the people of Corinth we hear the story of the Last Supper when Jesus took, bread, blessed it, broke it, and shared it with his disciples. Jesus also took the cup of wine, blessed it and shared it with his disciples.

 **Mark 14:22-25**

While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, "Take; this is my body." Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. He said to them, "This is my blood of the covenant, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God."

The Sacrament that completes Christian Initiation is the Sacrament of Eucharist. We gather around the table of the Lord, the altar, to celebrate Mass.

Catholics believe that Jesus is truly present in the Eucharist so when we receive Communion, we are receiving Jesus. It is a spiritual food that through the Holy Spirit becomes the Body and Blood of Christ. We are nourished so that we may become like Jesus and live a Christian life.

It was the time of the Jewish Passover and Jesus shared a meal with his friends before he died on the Cross. Jesus wanted to make sure that he would be remembered after his death and resurrection so:



Listen carefully to these words:

Eucharist Prayer for Children (III)

On the night before he died for us,
he had supper for the last time with his disciples.
He took bread
and gave you thanks.

He broke the bread
and gave it to his friends, saying:

**TAKE THIS, ALL OF YOU, AND EAT OF IT;
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.**

In the same way,
he took a chalice of wine.
He gave you thanks
and handed the chalice to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND DRINK FROM IT:
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL COVENANT.
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.**

Then he said to them:

DO THIS IN MEMORY OF ME. †

These are the words Jesus said at the Last Supper. We say them during Mass to remember Jesus' death and resurrection to life.

What might you have seen, heard and felt if you had been at the Last Supper?

Do you think the disciples understood what Jesus was saying as they shared this meal with him?

Let's look at some images from the Last Supper:

Image **Link 5.2** 

<http://www.togetheratonealtar.catholic.edu.au/explore/dsp-content.cfm?loadref=31>

These images are from this sacred meal. We don't have a portrait of Jesus but we have so many images of him created through art.

Which image do you connect with?

† Excerpts from the English translation of Eucharistic Prayers for Masses with Children © 1975, International Commission on English in the Liturgy Corporation (ICEL); excerpts from the English translation of The Roman Missal © 2010, ICEL. All rights reserved.

Catholics throughout the ages – even until today - have continued to follow Jesus’ commands to share bread and wine through the Eucharist, knowing that Jesus, through his Holy Spirit will change the bread and wine into the Body and Blood of Jesus.

After his resurrection, the disciples recognised Jesus in the blessing, breaking, and sharing of bread.



Matthew 14: 30-31

When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognised him.

Activity Book

Sacraments of Initiation Puzzle

Have the child put together the pieces of the puzzle, matching the ‘Sacrament’, ‘Symbols’ and the ‘How I Live’ sections.

1. Download and print the pdf: [Activity Sheet: Sacraments of Initiation Puzzle](http://www.crossroadsrcia.org) at www.crossroadsrcia.org (copy on page 34)
2. Cut out the pieces
3. Glue the pieces into the matching locations in the Activity Book (page 19)

Sacrament	Scripture	Symbols	How I Live
Baptism	<i>.. the Spirit descending like a dove on him. And a voice came from heaven, “You are my Son, the Beloved; with you I am well pleased.”</i> Mark 1:10-11	Water White Garment Light	We are clothed in a new life of Christ, called to be a light in the world.
Confirmation	<i>All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.</i> Acts 2:4	Laying on of Hands Oil of Chrism	We are called to use the gifts of the Holy Spirit in our lives.
Eucharist	<i>“This is my body that is for you. Do this in remembrance of me.”</i> 1 Corinthians 11:24	Bread Wine	We are nourished by the Body and Blood of Christ and sent to live the Eucharist by helping others as Jesus did.



Living it out in the everyday

Activity Book

Imagine, describe or draw your image of the Last Supper.

In your Activity Book (page 20), include yourself at the table of the Last Supper.



Scripture and Prayer

Scripture

Listen closely to the following scripture passage.

We begin with the sign of the Cross:



In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Use the Gospel from the following Sunday.

A reading from the holy Gospel according to ...



Glory to you, O Lord.

(At the end of the Gospel)

The Gospel of the Lord.



Praise to you, Lord Jesus Christ.

Following a couple of minutes of silence to reflect on the scripture passage, invite the child to share a word or two from the passage that was particularly meaningful for them.

What is one important message for you in this scripture passage?

Prayer

We pray together the words that Jesus gave us.



Our Father...

**Activity Sheet:
Sacraments of Initiation Puzzle**

**Sacraments
of Initiation**

PART 2

↓ Cut out the below puzzle pieces and paste them into the correct location in the Activity Book or Journal.

