



# Session 3: THE PRESENTATION OF THE CREED

With the catechumenal formation of the Elect completed, the Church lovingly entrusts to them the Creed and then the Lord's Prayer. The Creed is presented during the Sunday Mass; the Elect listen to the Creed and are then dismissed.

## Dismissal

After the Elect are dismissed from Mass, they move with the catechist to another area which has a sacred space arranged and comfortable seating for those gathered.

Today at Mass we heard readings from ... (name the readings e.g. Isaiah or Matthew).

1. Tell me something that you heard from the Mass or the readings at Mass.
2. Let's go back and look at the gospel again. Read from the Bible and as you read this, focus on what you might have seen if you had been there. Share your thoughts if you would like to.
3. Read the passage again and pay attention to what might have been heard such as background sounds, people talking. Pay attention to the questions that Jesus or the disciples ask.
4. Now that you have heard this gospel, what will it mean for you this week? Has this created a new impression for you about God or the Church? What is Jesus saying to you? Make a commitment about what you will do differently from now on.

## Exploring

### What we have received today - The Creed

“ YOUCAT 27

The Creed goes back to the time of Jesus, who commanded his disciples to baptise. They required people seeking Baptism to make a profession of a definitive faith, namely faith in the Father, Son and Holy Spirit, that is the Trinity.

In it are all the treasures of what we believe.

The first believers said the Creed with tears in their eyes as they went down into the baptismal waters. It was personal, heartfelt, and precious. It was said at the moment they threw their hat in with the Christian community—at the moment they were saying “Yes” to the maker of heaven and earth and “No” to all the other powers that tried to lay claim on their lives.

“ YOUCAT 27

The Creed gives us a set of beliefs that build the foundation of the faith Christ passed on to the apostles. Before Jesus ascended into heaven, leaving the apostles to continue His mission on earth through the Church, He gave the apostles a mission.



Matthew 28:19- 21

Go therefore and make disciples of all nations, baptising them in the name of the Father, and of the Son, and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.

In the early Church, being Christian was illegal. Professing the faith and being baptised into God’s family meant death. The Creed is not just words that we say at Mass, but they are the truths that we live for and that many have died for.

## Reflection

What stands out for you when you hear the Creed?

Do you have a question about any lines in the Creed?

# Looking forward to next week...



Next Sunday at Mass, the young person will be presented with the Lord's Prayer.

## Prayer



Before we leave today, let us ask for God's blessing upon our week with a modified prayer from Numbers 6:24-26.



*In the name of the Father, and of the Son, and of the Holy Spirit. Amen.*

*May the LORD bless us and keep us;*

*May the LORD make his face to shine upon us, and be gracious to us;*

*May the LORD lift up his countenance upon us, and give us peace.*

### Music to listen to:

This I Believe (The Creed) Lyric Video

<https://www.youtube.com/watch?v=uuDI-sk2nJU>

Video **Link 3.1**

