

# JESUS

## Aim

To help the young people grow in their understanding of who Jesus is.

## Resources

### Leaders

- Catholic Youth Bible
- Prayer cloth, cross, candle
- Electronic device – laptop/tablet for YouTube links
- At Home with God's People

### Young People

- Journal
- Fuel – The Daily Catholic App

### Materials for this Session

- Download [Activity Sheet: Timeline of Jesus' Life](http://www.crossroadsrcia.org) from [www.crossroadsrcia.org](http://www.crossroadsrcia.org) (copy on page 9)

## Preparation for Catechist

Spend some time in prayer for the session and for the young person.

Think of your own stories and be ready to share them. How have you developed your relationship with Jesus?

## Background Information for Catechist

This session will look at the life of Jesus, including his birth, ministry, death, resurrection, ascension and the fulfilment of his promise in the sending of an Advocate, the Holy Spirit.



# Follow up from last session



Check to see if there were any questions or comments from the previous session or from the Journal Activity.

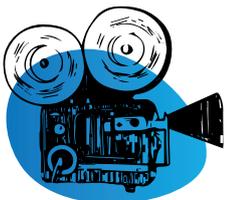
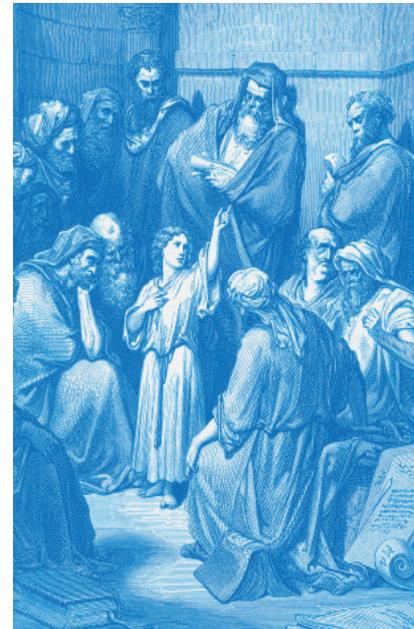


## Exploring



What stories do you know about Jesus?

Talk to the young person about Jesus' upbringing in a Jewish family where he learnt the prayers of his tradition and listened to the scriptures in the synagogue.



## Video



Historical Jesus, Archdiocese of Brisbane

<https://brisbanecatholic.org.au/beliefs-and-works/historical-jesus/>

Video **Link 2.1**



Are there any insights, new ideas, questions or challenges you have after watching this clip?

## Activity

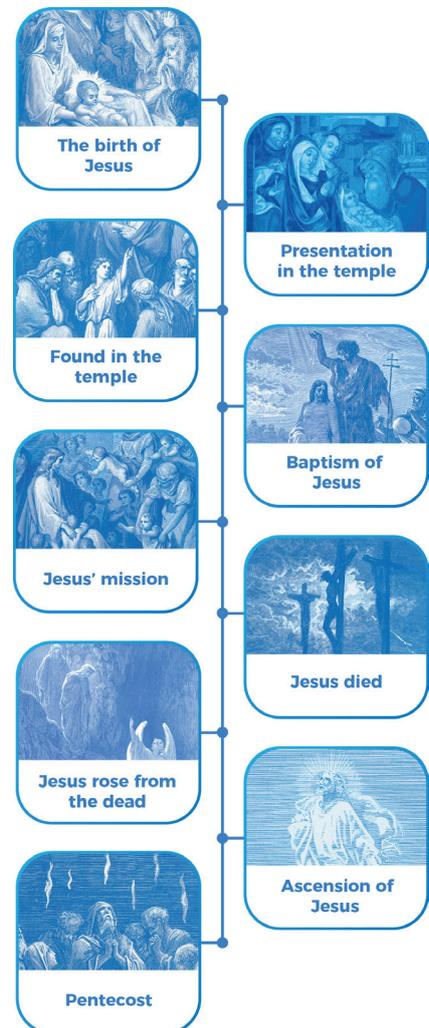
Print the [Activity Sheet: Timeline of Jesus' Life](http://www.crossroadsrcia.org) from [www.crossroadsrcia.org](http://www.crossroadsrcia.org) and cut out the event cards. On a whiteboard, or on the ground using string, make a timeline of the life of Jesus using the cards.

Each event has a corresponding Gospel reading (listed below). Discuss the events and scripture passages and arrange them in chronological order.

Explore any moments in Jesus' life the young person may not be familiar with.

### Timeline of Jesus

- The birth of Jesus:** We don't know exactly when Jesus was born as the Bible doesn't give the date. We celebrate Jesus' birth on Christmas day.  
[Luke 2:1-20](#)
- Presentation in the temple:** Jesus was presented in the temple 40 days after his birth since Jesus was born into a Jewish family. [Luke 2:22-24](#)
- Found in the temple:** When Jesus was 12 years old he was lost and after 3 days, his parents found him in the temple.  
[Luke 2:41-47](#)
- Baptism:** When Jesus was 30 years old, he was baptised in the River Jordan by John the Baptist. [Matthew 3:13-17](#)
- Jesus' Mission (teaching and healing):** Jesus was filled with the Spirit of God. He spent 3 years healing, calling others, teaching, listening, and praying.
  - Healing - [Luke 5:12-13](#)
  - Calling others - [Matthew 4:18-22](#)
  - Teaching - [John 7:14](#)
  - Listening - [Mark 5:34-36](#)
  - Praying - [Matthew 6:9-13](#)
- Jesus died:** Jesus died on the Cross.  
[Mark 15:33-37](#)
- Jesus rose from the dead:** Jesus rose from the dead. [Luke 24:1-5](#)
- The Ascension of Jesus:** Jesus ascended into heaven. [Acts 1:6-9](#)
- Pentecost:** The Holy Spirit was sent to us.  
[Acts 2:1-4](#)



**Activity Sheet:  
Timeline of Jesus' Life**

■ ↓ Cut out the below cards.



**Jesus' mission**



**Jesus rose from  
the dead**



**Presentation  
in the temple**



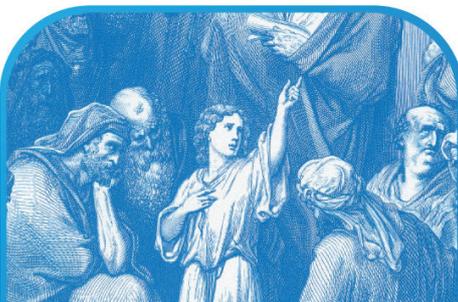
**Pentecost**



**The birth of  
Jesus**



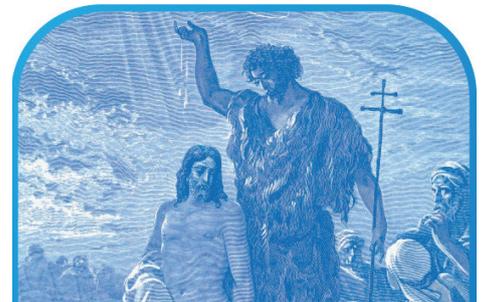
**Jesus died**



**Found in the  
temple**



**Ascension of  
Jesus**



**Baptism of  
Jesus**





# Exploring

Which moment in Jesus' life stands out for you?

Based on what you heard, how would you describe the person of Jesus and his characteristics?

Seeing Jesus' 'life in action', what would a follower of Jesus look like today?  
What are some examples?



# Scripture and prayer

## Scripture

Light a candle before reading the scripture.

Ask the young person to be still, close their eyes and listen closely to the words from scripture.

 John 13:34-35

I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.

Following a couple of minutes of silence to reflect on the scripture, invite the young person to say a word or two from the passage that was particularly meaningful to them. What struck you about this scripture?

What is one important message for you in this scripture passage?

How can you respond to this scripture passage in the coming week?

## Music

What a Beautiful Name - Hillsong  
<https://www.youtube.com/watch?v=nQWFzMvCfLE>

Video **Link 2.2**



### Prayer



***Loving God,  
You love each of us.  
Help us to love one another as you have each of us.  
Be with us as we journey together getting to know you.  
Amen.***



## Living it out in the everyday

### Journal activity

Write in your Journal your thoughts on the passage that speaks to you.

### Challenge activity

Investigate this interactive map of where Jesus lived:  
<http://www.about-jesus.org/jesus-places-map.htm>

Map [Link 2.3](#)



Scripture passages to look up

- The birth of Jesus – [Matthew 1:18-25](#)
- Wedding of Cana – [John 2:1-11](#)
- Jesus stills the storm – [Mark 4:35-41](#)
- Jesus and Zacchaeus – [Luke 19:1-10](#)