

MISSION

Aim

- To help the young person explore their baptismal call through mission.

Resources

Leaders

- Catholic Youth Bible
- Prayer cloth, cross, candle
- Electronic device – laptop/tablet for YouTube links

Young People

- Catholic Youth Bible
- Journal
- Fuel – The Daily Catholic App

Preparation

for Catechist

Spend some time in prayer for the young person.

How do you live your baptismal call and mission? Think of your own stories and be ready to share these.

Background

Information for Catechist

Baptism is not only a gift given to us for ourselves. Through Baptism, we are called to live out God's mission in our world. We are to be the body of Christ in the world today, making his presence real to those around us and making his love felt by everyone we meet.

We are the body of Christ in the world. We are fed at the table of the word and the table of the Eucharist during the Mass, and sent out into the world to live this mission.



Reflection



As we gather, we light a candle to remember that Jesus is the light of the world.

Sit quietly and listen to the guided meditation. Think back over your day and the week since we last met.



Video



“Quietly” - A new Instrumental Piano Album from Scripture Lullabies:

https://www.youtube.com/watch?v=e06_n9m9jbA

Video **Link 10.1**



Thinking back over your day, is there something you would like to pray about? You can pray out loud or in your own mind.



Follow up from last session



In the last session we looked at living a Christian life.

Did you have any questions from the session or from the Journal activity?



Exploring Part 1

Baptism is not only a gift given to us for ourselves. Through Baptism, we are called to live out God's mission in our world.

We live out God's call to mission by making his presence real to those around us and making his love felt by those who need us. We do this during every part of the day wherever we are. When we do this we are the body of Christ in the world.

Let's listen to this prayer:

“ St Teresa of Avila

Christ has no body now but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands through which he blesses all the world. Yours are the hands, yours are the feet, yours are the eyes, you are his body. Christ has no body now on earth but yours.”

How do we carry this out in our world?

Listen to the gospel of Matthew.

📖 Matthew 25:31-46

Then the king will say to those at his right hand, 'Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me.'

Then the righteous will answer him, 'Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?' And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.'

What message do you hear in this passage?

“ Pope Francis, *The Joy of the Gospel* (Evangeliium Gaudium 183)

An authentic faith – which is never comfortable or completely personal – always involves a deep desire to change the world, to transmit values, to leave this earth somehow better than we found it.



Video

Young adult: Joe Grogan talking about his father:
<https://www.youtube.com/watch?v=6aWOHpenxaM>

Video Link 10.2



Or

Pope Francis washing the feet:
<https://www.youtube.com/watch?v=7wcBcy7JZik>

Video Link 10.3



What are your responses to watching this clip?

Are there any insights, new ideas, questions or challenges you have after watching this clip?



Exploring Part 2

Circle of Influence

All of us have things we worry about in this world, things we would like to be able to change. These can encompass a wide range of concerns like climate change and war. Many of the things we worry about are not things that we can control. These worries are called our Circle of Concern.

What worries you in this world?

What can't you change?

What can you change?

There are other things that happen in our own lives that are more immediate and which we can influence. Not only can we be concerned about these things, but we can actually do something to change them. This is called our Circle of Influence.

While we can be concerned about things that we have no control over (things in our Circle of Concern) it is most helpful to focus our attention and energy on the things we can influence (things in our Circle of Influence). When we focus on things that we can change, we feel stronger and our circle of influence may expand.

What do you worry about in your own life?

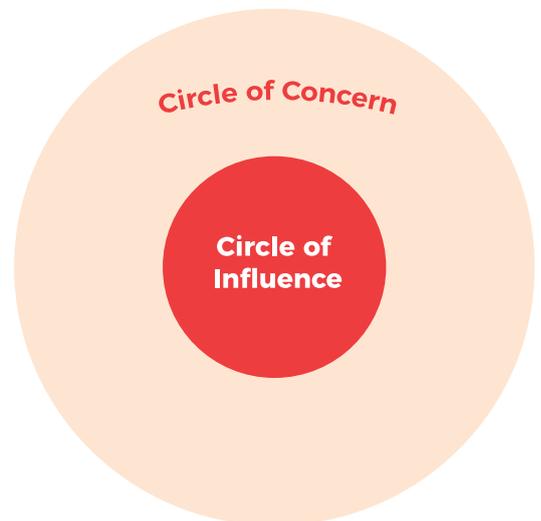
What can you do in your own life to make a difference in the here and now?

“ Saint Mother Teresa

Stay where you are – find your own Calcutta. Find the sick, the suffering, the lonely, right there where you are – in your own homes and in your own families, in your workplaces and schools.

Resources

- Catholic Collective Website
- Catholic Missions
- Caritas
- Social Justice Sunday
- Aboriginal Torres Strait Islander Sunday





Exploring Part 3

What happens at the Rite of Election?

- Presentation of the Catechumens
- Affirmation by Grandparents
- Invitation and Enrolment of Names

Why is it called the Rite of Election?

Not because we vote in a general election to choose someone but because God chose a person to be his own. The Church and community who are present also witness this choice.

We know that someone is chosen because of how they live their lives. Like we have seen in previous sessions, we see God working in those who live a Christian life.

Why the Enrolment of Names?

The Archbishop asks if you wish to enter fully into the life of the Church through the Sacraments of Baptism, Confirmation and Eucharist. Your response is “I do” and then you are invited to write your name in the Book of the Elect.



Video

Video Link 10.4 

Rite of Election, Archdiocese of Brisbane:

<https://brisbanecatholic.org.au/articles/annual-rite-of-election/>

What signs, symbols and rituals do you notice in the rite?



Scripture and Prayer

Listen closely to the following music and scripture passage.

We begin with the sign of the Cross:



In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Music

Lord I Need You - Matt Maher:

<https://www.youtube.com/watch?v=LuvfMDhTyMA>

Video **Link 10.5**



Scripture

Use the Gospel from the following Sunday.

A reading from the holy Gospel according to...



Glory to you, O Lord.

(At the end of the Gospel)

The Gospel of the Lord.



Praise to you Lord Jesus Christ.

Following a couple of minutes of silence to reflect on the scripture, invite the young person to share a word or two from the passage that was particularly meaningful for them.

What is one important message for you in this scripture passage?

How can you respond to this scripture passage in the coming week?

Prayer

St Teresa of Avila



Christ has no body now but yours. No hands, no feet on earth but yours.

Yours are the eyes through which he looks compassion on this world.

Yours are the feet with which he walks to do good.

Yours are the hands through which he blesses all the world.

Yours are the hands, yours are the feet, yours are the eyes, you are his body.

Christ has no body now on earth but yours.



Living it out in the everyday

Journal activity

What can I do in my world to make a difference in the world?

Spend some time reflecting on this question and write or draw a response.

Challenge activity

Share with a person who lives a Christian life how they inspire you.

For those attending the Rite of Election & Enrolment of Names

The Rite of Election and Enrolment of Names is a celebration where the Church formally approves the catechumen's readiness for receiving the Sacraments of Initiation, and the elect (the catechumens) express desire to receive the sacraments.

Background Information

The Rite of Election ends the Catechumenate period. The Archdiocese of Brisbane states The Rite of Election is for those adults and children over the age of reason who are not yet baptised.

This rite is usually held on the first Sunday of Lent in the Cathedral. If this is not held during Lent or if it is not possible for the young person to attend the Cathedral, a Rite of Election can be held at the local parish.

This step is called election because the acceptance made by the Church is founded on the election by God, in whose name the Church acts. The step is also called the enrolment of names because as a pledge of fidelity the candidates inscribe their names in the book which lists those who have been chosen for initiation. (RCIA 106)

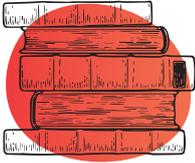
Through the voice of the Church the children feel special. The purpose of the Rite of Election is to transition to the period of Purification and Enlightenment and this happens ritually.

“ RCIA 106

With deliberate will and an enlightened faith they must have the intention to receive the sacraments of the Church, a resolve they will express publicly in the actual celebration of the rite.

During the Rite of Election, the godparents and catechists give witness to the catechumen's intention to be a follower of Christ and the catechumen's readiness to receive the Sacraments of Initiation.

The Rite of Election can be found from RCIA 116.



For those who want more

Catholic Social Teachings

Catholic social teachings are a central component of our faith. They emerged from the teachings of the life of Jesus. They provide a vision and wisdom for providing social justice in our modern world and are the Catholic Church's response to basic modern social problems. Catholic Social teachings below are from the Caritas website. Alongside each teaching there is a YouTube clip from the United States Conference of Catholic Bishops which brings to life the teachings.

Catholic Social Teaching isn't just theory. Rather it contains principles for actions and guidelines to help respond to social responsibility. It helps us to take action for positive change.

Option for the poor and vulnerable

Caring for the poor is everyone's responsibility.

Video CST 101 | Option for the Poor and Vulnerable:
<https://youtu.be/c3gxBjtOzNM>

Video Link 10.6



Dignity of the human person

Every person, regardless of their ethnicity, gender, age or ability should be treated with dignity and respect.

Video CST 101 | Life and Dignity of the Human person:
<https://youtu.be/ABR12ZSs58E>

Video Link 10.7



Stewardship of creation

The earth is part of God's creation so we are called to be responsible for taking care of the world and sharing all the wonders the earth gives us. On Care of Our Common Home (Laudato Si) is Pope Francis' writing on caring for our world.

Video CST 101 | Care for God's creation:
<https://youtu.be/wSnXuCxIHXE>

Video Link 10.8



Subsidiarity and participation

All people should have the right to participate in decision making that affects the community.

Video CST 101 | Call to Family, Community and Participation:
<https://youtu.be/giOgWakrgQs>

Video Link 10.9



The common good

Describes working together for the common good of all.

Video CST 101 Rights and Responsibility:
<https://www.youtube.com/watch?v=OPB6sXj6Fwo>

Video **Link 10.10**



Solidarity

Everyone has the responsibility to promote the rights of all people across the community.

Video CST 101 Solidarity: <https://youtu.be/cteMjwOBptw>

Video **Link 10.11**



Vocations

When we mention vocation, most people think we are referring to priesthood or religious life. However vocation is much more and is something that we all are called to for. That is the call that we all receive in our Baptism, the call to holiness and to mission.

We all have the vocation to be holy in our own lives. As we develop our relationship with Jesus, we become more Christ like. In the letter to the Romans 8:20, we hear the words “Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.”

Discussion

What do the words from Romans 8:20 mean to you?

Who do you see in your life who lives a holy life?

Do you see holiness in your life?

Do you feel called to become more holy?

God has a vocation for each one of us. Whatever our own vocation is, we are called to live that vocation so that we serve the Church and the world with our own unique gifts.